

Respecting Choices ^{fi}

Advance care planning

Have a document uploaded to your electronic health record .

Use one
of these
three ways:

Fax: 947.522.0473

Submit: through MyChart

Email: cheadvancedirectivefax@corewellhealth.org

What is advance care planning?

Advanced care planning is a process that begins with a conversation. Respecting Choices certified facilitators are available to guide you through the process. It involves sharing your values and beliefs with your chosen patient advocate and doctor. Successful completion results in an advance directive legal document.

What is an advance directive?

The advance directive is a legal document that describes your specific preferences for medical treatments in case you are unable to do this. Your advance directive, also called a Durable Power of Attorney for Health Care, will only be used if you become so sick or injured you cannot communicate your wishes yourself. The advance directive starts with listing a patient advocate to make decisions for you when you are no longer able and

facility and ask that it be entered into your electronic health record.

- Keep a copy of your advance directive where it can be easily found.
- You can make changes to your advance directive at any time.

We recommend you update your document every few years, or follow the 5D rule:

Every new decade of your life.

After the death of a loved one.

After a divorce.

After any significant diagnosis.

After any significant decline in functioning.

The advance directive form can be found online, along with additional information.

To speak with a certified facilitator, please contact us at: Phone: 947.522.1948

Email: advancecareplanningeast@corewellhealth.org

Website: beaumont.org/respecting-choices

