

Preparing for a role as patient advocate:

Take time to talk with the person who chose you as their patient advocate so you understand their preferences for future medical care, including the end-of-life care.

Have a conversation with your family or friend by learning:

“What is important to you to live well?”

“When would life not be worth living?”

“When would you want doctors to stop treatments that keep you alive?”

“How would you describe a peaceful death?”

The following statements often mean different things to different people. Ask the person who chose you as their patient advocate to explain what each one means to them. This is very

Patient advocate facts - what you should know

Remember:

While talking about these issues with a loved one may be uncomfortable, the more you understand the better prepared you will be if you are called on to make health care decisions for your loved one. Think about being prepared as an act of love. If you accept the role of health care agent, commit to it. Trust yourself to do what is right. The person who chose you trusts that you can – and will.

