

COVID-19 Frequently Asked Questions

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- Practice social distancing: It's most important to avoid contact with people who are sick. But social distancing also means staying at least 6 feet (about 2 meters) from anyone outside your household. That's because the virus can spread easily through close contact, and it's not always possible to know who is infected.
- Wear a face mask: This is particularly important when you are indoors around other people. When wearing a mask, you are less likely to spread the infection to other people, even if you are asymptomatic (don't feel sick/have no symptoms). Masks also provide some protection for you from others who could be infected. It's important that the mask you wear covers your nose and mouth at all times.
- Wash your hands often:



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What are the symptoms of COVID-19?

Symptoms usually start 4 or 5 days after a person is infected with the virus. In some people, symptoms can take as long as 2 weeks to appear. Some people never show symptoms at all.

When symptoms do happen, they can include:

- Fever and chills
- Cough
- Shortness of breath
- Fatigue
- Muscle aches
- Headache



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samples from patients and submits some of these samples to the Michigan Department of Health and Human Services (MDHHS) to determine what type of variant is present. This information helps us