

## Important News for Beaumont Health Foundation Supporters

**MYTH: I'll get the first round of vaccine, but I won't need the second.**

**FACT:** There are some viruses and some bacteria that we vaccinate against and one dose of the vaccine just doesn't provide full immunity to prevent illness. Priming your immune system with the first dose allows it to react to it once, create some memory and then when you get exposed to it a second time through the second vaccination, it really develops that full, long-term memory.

**MYTH: Because vaccines are available, the pandemic is over.**

**FACT:** According to the CDC, while experts learn more about the protection COVID-19 vaccines provide under real-life conditions, it will be important for everyone to continue using all the tools available to us to help stop this pandemic, like covering your mouth and nose with a mask, washing hands often, and staying at least six feet away from others. Together, COVID-19 vaccination and following CDC's recommendations for how to protect yourself and others will offer the best protection from getting and spreading COVID-19.

**MYTH: If I get vaccinated for COVID-19, I'll be more vulnerable to illnesses.**

**FACT:** While the COVID-19 vaccine will work to teach your immune system to recognize and protect against coronavirus, it is not proven to make you vulnerable to other illnesses. You may experience the typical sore arm, slight fever or aches, but that's a sign your immune system is active and getting ready to protect you against COVID-19, if necessary.

**MYTH: The vaccine changes your DNA.**

**FACT:** The vaccine does not change your DNA. It's called an mRNA vaccine, which is a type of vaccine that causes your cells to make an inactive part of virus that triggers an immune response. That immune response is what protects us from getting infected if the real COVID-19 virus enters our bodies.

**Q: If we had a positive COVID-19 test but developed no antibodies, can we receive the vaccination?**

**A:** At this time, the guidelines recommend that individuals who have had COVID-19 in the last 90 days still get the vaccine but are a lower priority than others who haven't had COVID-19. So yes, those who have had a positive COVID-19 test are still eligible, albeit in a lower prioritization if within the last 90 days.

**Q: Why did I need 14-15 days?**